

**FOR IMMEDIATE RELEASE:**

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## **Young's Mentoring Program Receives Fourteenth 'Surprise Grant' from the Central Alabama Community Foundation**

MONTGOMERY – This year the Central Alabama Community Foundation (CACF) is celebrating 30 years since its founding in 1987. To commemorate this milestone anniversary, CACF will award 30 surprise grants to local nonprofit organizations. These grants will be awarded over the course of 2017.

The fourteenth surprise grant was awarded Wednesday, July 26 to Young's Mentoring Program, Inc. (YMP). CACF staff surprised Executive Director Clarissa Young with balloons and a \$3,000 check.

Founded in 2012, Young's Mentoring Program provides one-on-one mentoring services to at-risk youth, adults and their families. YMP helps change young lives by providing life skills, links to educational resources, assistance with job placement, and shelter for individuals that are homeless.

Young's Mentoring Program helps youth with the skills and knowledge they need to become more self-sufficient, goal oriented, and empowered to change. The program's goal is to decrease the emotional state by offering coping tools such as peer communication, anger management, counseling, and self-esteem building. Emphasis is placed on rebuilding, restructuring and reinventing the thought process. YMP believes, "success begins with the idea of change and direction for those seeking personal growth, guidance and support from a positive mentor."

"Young's Mentoring Program is transforming the lives of young people in our community through their interdisciplinary approach to mentoring. The assistance YMP provides is positively impacting entire families and that is something we are proud to invest in," said CACF President Burton Ward.

Donate to our surprise grants and help CACF celebrate our 30th anniversary, by making a contribution at [www.cacfinfo.org](http://www.cacfinfo.org) or by check to CACF, 35 S. Court Street, Montgomery, AL 36104. For more information, contact CACF Development Officer Whitney Griswold Califf at (334) 264-6223 or [whitney.griswold@cacfinfo.org](mailto:whitney.griswold@cacfinfo.org)

*CACF was founded in 1987 and has grown to hold over \$59 million in charitable assets while distributing over \$50 million to organizations that serve the community. CACF serves several counties including Autauga, Coffee, Dale, Elmore, Geneva, Henry, Houston, Lowndes, Macon, and Montgomery.*

*Through its 200+ funds, CACF addresses a wide variety of concerns, supporting projects and programs in education, health, human services, cultural arts, recreation, historic preservation and other civic concerns. Each year, the Foundation distributes over \$3 million through hundreds of grants and scholarships.*

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